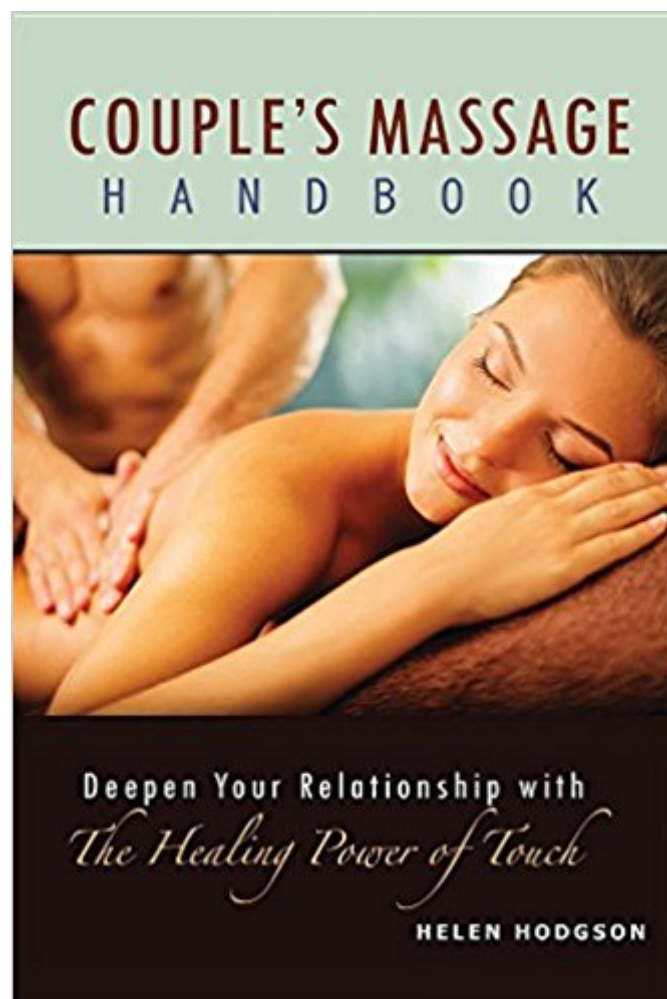




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Couple's Massage Handbook: Deepen Your Relationship With The Healing Power Of Touch



Synopsis

Are you ready to feel on top of the world and let the stress of daily life drift away? Experience the healing power of touch through massage from someone you already know and trust--your partner! The Couple's Massage Handbook takes readers from bumbling beginners to passionate pros in no time! This step-by-step guide covers the best tools, oils, music, and locations for giving a massage, including a sequence readers can use to stay focused. You'll discover: The amazing magic of touch and its benefits in your life. How to stimulate all the senses of your partner throughout the massage, making it more enjoyable. Proper massage techniques so you won't tire easily. How to turn your home into a spa-like atmosphere to enhance your time together. Your spiritual side and connect on a deeper level. How to be mindful and focused so that the massage flows effortlessly. If you are enthusiastic about deepening relationships through the power of touch, scroll up and buy your copy now! Praise for Couple's Massage Handbook: "It's the ultimate meaningful experience for anyone who wants to deepen their relationship or anyone who wants to be in a relationship. Couple's Massage Handbook is a must-have for everyone's library and life!"--DR. ELAINE FOGEL SCHNEIDER, best-selling author of Raising Calm, Inspired, & Successful Children and Massaging Your Baby: The Joy of TouchTime(R) "The Couple's Massage Handbook is absolutely the best way to deepen your relationship with the healing power of touch."--JJ Flizanes, host of The Fit 2 Love podcast and author of Fit 2 Love: How to Get Physically, Emotionally and Spiritually Fit to Attract the Love of Your Life "Massage is one of the best ways to play, pray, and love your lover and demonstrate that you are precious to each other [...] and Couple's Massage Handbook is the perfect guide."--KELLY SULLIVAN WALDEN, best-selling author of The Love, Sex, and Relationship Dream Dictionary

Book Information

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Customer Reviews

This book is well written and very detailed. Ms Hodgson writes with experience and knowledge interspersed with heart and wisdom. If you would like to learn how to share with your partner a very healing modality this book will support you in that journey.

Who knew there was so much to know about massage! I enjoyed learning about the history of massage and the benefits, but most of all I loved the step by step guide on how to make the massage experience great for both the giver and receiver. This is a great guide for anyone who wants to explore a new way to connect with their loved ones.

Informative and believable. This author has had an eclectic back history which gives the reader that "at home" feel. Wonderful

I very much enjoyed this very informative book. It is a fast, easy read. I especially enjoyed reading the history of massage. After reading the book, I feel like the art of massage is much less intimidating and you do not have to be a professional masseuse to provide relaxation, as well as health and well-being to someone else. It is beneficial in intimacy tips to help couples but it also provides tips in general for anyone wanting to help someone feel better.

This book has a lot of great ideas and tips on massage. I really liked the history of massage and other tid bits of trivia. When I started it, it was hard to put down and it was a quick read. Quick read, which for me means it was a good book.

It was very helpful, and the way the information is laid out its easy to understand and implement. A great book for anyone looking to up their massage game for their partner!

Excellent experience

Good basic information. You'll come out with a better understanding of massage. Willing partner required.

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